

d30 Human Height & Weight Table (Metric)

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With this chart you can quickly determine the height & weight for human PCs and NPCs. This chart utilizes the Metric system of measurement. If you prefer to use English measurements use **FGM031ee: d30 Human Height & Weight Table**.

Using these tables: Roll 2d30 to determine the height & weight of a human. The first roll determines the height, in centimeters (cm), which you cross-reference with the second roll to determine the human's weight, in kilograms (kg).

Optional Adjustments for Gender: Roll 1d30-4 for height and 1d30-1 for weight

Roll 1

Roll 2 Weight (in Kilograms)

Height	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
1	155	41	42	43	44	46	47	48	48	49	49	50	50	52	52	53	53	54	55	55	56	58	59	60	61	62	64	65	67	70	72
2	157	42	43	45	46	47	48	50	50	51	51	52	52	53	53	55	55	56	57	57	58	60	61	62	63	64	66	67	69	72	74
3	160	44	45	46	47	49	50	51	51	52	52	54	54	55	55	56	56	58	59	59	60	61	63	64	65	67	68	69	72	74	77
4	163	45	46	48	49	50	52	53	53	54	54	55	55	57	57	58	58	59	61	61	62	63	65	66	67	69	70	71	74	77	79
5	163	45	46	48	49	50	52	53	53	54	54	55	55	57	57	58	58	59	61	61	62	63	65	66	67	69	70	71	74	77	79
6	165	46	48	49	50	52	53	55	55	56	56	57	57	59	59	60	60	61	63	63	64	65	67	68	70	71	72	74	76	79	82
7	165	46	48	49	50	52	53	55	55	56	56	57	57	59	59	60	60	61	63	63	64	65	67	68	70	71	72	74	76	79	82
8	168	48	49	51	52	53	55	56	56	58	58	59	59	60	60	62	62	63	65	65	66	67	69	70	72	73	74	76	79	82	84
9	168	48	49	51	52	53	55	56	56	58	58	59	59	60	60	62	62	63	65	65	66	67	69	70	72	73	74	76	79	82	84
10	170	49	51	52	54	55	56	58	58	59	59	61	61	62	62	64	64	65	67	67	68	70	71	72	74	75	77	78	81	84	87
11	170	49	51	52	54	55	56	58	58	59	59	61	61	62	62	64	64	65	67	67	68	70	71	72	74	75	77	78	81	84	87
12	173	51	52	54	55	57	58	60	60	61	61	63	63	64	64	66	66	67	69	69	70	72	73	75	76	78	79	81	84	87	90
13	173	51	52	54	55	57	58	60	60	61	61	63	63	64	64	66	66	67	69	69	70	72	73	75	76	78	79	81	84	87	90
14	175	52	54	55	57	58	60	61	61	63	63	65	65	66	66	68	68	69	71	71	72	74	75	77	78	80	81	83	86	89	92
15	175	52	54	55	57	58	60	61	61	63	63	65	65	66	66	68	68	69	71	71	72	74	75	77	78	80	81	83	86	89	92
16	178	54	55	57	58	60	62	63	63	65	65	66	66	68	68	70	70	71	73	73	74	76	77	79	81	82	84	85	89	92	95
17	178	54	55	57	58	60	62	63	63	65	65	66	66	68	68	70	70	71	73	73	74	76	77	79	81	82	84	85	89	92	95
18	180	55	57	59	60	62	63	65	65	67	67	68	68	70	70	72	72	73	75	75	76	78	80	81	83	85	86	88	91	94	98
19	180	55	57	59	60	62	63	65	65	67	67	68	68	70	70	72	72	73	75	75	76	78	80	81	83	85	86	88	91	94	98
20	183	57	59	60	62	64	65	67	67	69	69	70	70	72	72	74	74	75	77	77	79	80	82	84	85	87	89	90	94	97	100
21	183	57	59	60	62	64	65	67	67	69	69	70	70	72	72	74	74	75	77	77	79	80	82	84	85	87	89	90	94	97	100
22	185	58	60	62	64	65	67	69	69	70	70	72	72	74	74	76	76	77	79	79	81	83	84	86	88	89	91	93	96	100	103
23	185	58	60	62	64	65	67	69	69	70	70	72	72	74	74	76	76	77	79	79	81	83	84	86	88	89	91	93	96	100	103
24	188	60	62	64	65	67	69	71	71	72	72	74	74	76	76	78	78	79	81	81	83	85	87	88	90	92	94	95	99	102	106
25	188	60	62	64	65	67	69	71	71	72	72	74	74	76	76	78	78	79	81	81	83	85	87	88	90	92	94	95	99	102	106
26	191	62	64	65	67	69	71	73	73	74	74	76	76	78	78	80	80	82	83	83	85	87	89	91	93	94	96	98	102	105	109
27	191	62	64	65	67	69	71	73	73	74	74	76	76	78	78	80	80	82	83	83	85	87	89	91	93	94	96	98	102	105	109
28	193	63	65	67	69	71	73	75	75	76	76	78	78	80	80	82	82	84	86	86	88	89	91	93	95	97	99	101	104	108	112
29	196	65	67	69	71	73	75	77	77	78	78	80	80	82	82	84	84	86	88	88	90	92	94	96	98	99	101	103	107	111	115
30	198	67	69	71	73	75	77	79	79	80	80	82	82	84	84	86	86	88	90	90	92	94	96	98	100	102	104	106	110	114	118